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**Dr. Shaun V. Dyer Poised to Offer Healing and Stress Relief to Thousands with New Book**

*Cambridge Who's Who Member Dr. Shaun V. Dyer author of *Thriving in Mind, Body and Spirit* has been recognized for showing dedication in the field of naturopathic healing and acupuncture*

**/Cambridge Who's Who/** - TIGARD, OR, December 10, 2007 - Dr. Shaun V. Dyer, naturopathic physician and author of "Thriving in Mind, Body and Spirit - Awakening to God's Truths and Promises," has been recognized by Cambridge Who's Who for showing dedication, leadership and excellence in all aspects of naturopathic healing and acupuncture. Dyer, an esteemed [Cambridge Who's Who](#) lifetime member, recently released a book inviting readers to explore concepts of holistic wellness and spirituality.

After struggling with personal health issues, Dyer became interested in the obstacles that can prevent people from maintaining good physical condition. He wanted answers. After extensive training in holistic wellness treatment and Oriental medicine, he became equipped with the tools. Dyer started educating others about wellness. As a holistic physician, he is prepared to look for the root causes of one's body dysfunction and utilize tools such as diet, nutrition and exercise to help restore optimal health.

He has discovered health solutions to live by, which he in turn conveys to the hundreds of patient-clients he has treated during his 15-year career. In Dyer's new book, he points out practical applications that will contribute to a reader's wellness. Following his instructions will empower readers to break out of the stress and disease cycle, overcome food allergies and eliminate such common, anxiety-causing ailments as airborne allergies, arthritis and fibromyalgia. "The book will help to replace guess work with science and faith-based solutions for your well-being," the author elaborates.

Dyer holds a degree in cell biology from the University of British Columbia. He received a doctorate in naturopathic medicine from the National College of Naturopathic Medicine and a master of acupuncture and Oriental medicine from the Oregon College of Oriental Medicine.

To purchase Dyer's book and to access his useful online resources, visit <http://www.drdyler.com>.

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