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**Charlotte, North Carolina anger management program offers one day classes every weekend**

*Carlos R. Todd, LPC, NCC, CAMF, President of Todd's Anger Management Solutions announces the commencement of one day anger management classes every weekend.*

**/24-7PressRelease/** - CHARLOTTE, NC, January 09, 2008 — Charlotte based anger management program has responded to the needs of busy individuals and offers one day classes every weekend to its clients.

Who can benefit from these classes?

- Anyone who is court mandated
- Those who have limited time
- Individuals who want to know more about anger management
- Anyone on in Georgia, South Carolina, North Carolina or Virginia
- Those who are fed up with counseling that has not helped
- Those ordered to anger management for multiple sessions i.e. 52 weeks

Call us today at 704-804-0841 to reserve a seat in our next class.

Complete and full details on Todd's Anger Management Solutions can be found at [www.masteringanger.com](http://www.masteringanger.com). To reach Mr. Todd directly please call to 704-804-0841 or email him at [todds@masteringanger.com](mailto:todds@masteringanger.com)

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Todd's Anger Management Solutions is based in Charlotte, NC. We provide a variety of anger management services to adults, groups, couples, adolescents and companies. Executive coaching for doctors, lawyers, nurses, policemen, firemen and business owners is also available. At your request we can provide onsite training in anger management, stress management, communication skills and emotional intelligence. We are located in the ExecuBusiness Center on Mallard Creek in Charlotte, NC. Email or call Carlos Todd at [todds@masteringanger.com](mailto:todds@masteringanger.com) or 704-804-0841. Visit our website at [www.masteringanger.com](http://www.masteringanger.com)