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Put Your Career on the Fast Track with These Secrets of Top Athletes & Master Musicians

Performance experts reveal new career advancement strategies.

/24-7PressRelease/ - WASHINGTON, DC, January 19, 2008 - While it's true that job security, career tracks and guaranteed promotions are things of the past, exciting new developments in the field of Expert Performance Psychology reveal that anyone, with the right attitude and the right information, can get on a clear path to success in virtually any field.

So say Dr. Robert Karlsberg and Dr. Jane Adler, Washington, D.C. based performance consultants and co-authors of the new career advancement manual, *How to Become a Rising Star in Your Career in 60 Days or Less*.

"Research in Expert Performance Psychology shows that people who get to the top in any field have no inborn advantage," says Dr. Jane Adler. "They don't have higher IQs or greater natural talent. But they do have something average performers don't. They have a system for their success. This system pushes them toward higher and higher levels of performance."

While every job has unique requirements, mastering a few key skills is essential if you want to move to the front of the promotion line -- skills like influencing others, projecting a winning image, and knowing how to make decisions that boost the bottom-line.

According to Dr. Robert Karlsberg, "When you combine the specific skills that you need to get ahead in today's business environment with the Expert Performance strategies used by top athletes and master musicians, you have a system that can literally take you wherever you want to go in your field."

How to Become a Rising Star in Your Career in 60 Days or Less offers a roadmap for anyone who wants to put his or her career on the fast-track.

All you need to do is plug in your motivation and get into action.

For 5 Expert Performance strategies that can put your career on the fast-track, visit: www.TheRoadtoCEO.com/expert

How to Become a Rising Star in Your Career in 60 Days or Less is available at [TheRoadtoCEO.com](http://www.theroadtoceo.com)

To interview Dr. Jane Adler or Dr. Robert Karlsberg visit <http://www.theroadtoceo.com/contact.html>

Dr. Jane Adler and Dr. Robert Karlsberg are two of North America's top mentors to high achieving executives and entrepreneurs and authors of, "How to Become a Rising Star in Your Career in 60 Days or Less." Visit [TheRoadtoCEO.com](http://www.theroadtoceo.com) for more career boosting tips and a copy of their special report THE NEW ROUTE TO THE TOP: How to Really Get Ahead in Today's Organization

MEDIA PROFESSIONALS: Dr. Robert Karlsberg & Dr. Jane Adler are available for interviews on the topics of career performance, influence & persuasion, and business leadership. Contact them at <http://www.TheRoadtoCEO.com/contact.html>