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Media Alert/ New Local Author

Local author, Demene Benjamin releases her 2nd title in the Journal of My Reflections series. The book is a combination journal/scrapbook title aimed at boosting the self-esteem. It is a must have for all children!

/24-7PressRelease/ - January 30, 2008 - Mapping the Vision, the 2nd release in the Journal of My Reflections series, is set to release just in time for Valentine's Day. What better way to show your love than with a journey of self-discovery. The journal takes writing a step further with simple scrapbooking techniques. This unique book is set to look beyond today and help you discover what you want, what you believe; your dreams, your successes and more.

Author and speaker Demene Benjamin, has made it a lifetime goal to help build the self-esteem of young people. Demene can be found writing a monthly self-esteem article that is posted on her website www.demenebenjamin.com. She also takes time to visit schools, youth groups and churches for workshops and engagements. Demene says, "I want to help young people be better today! I don't want them to look at their reflection 30 years from now and start seeing the beauty; I want them to become familiar with it now.

Mapping the Vision is the second of a four- part series designed for young people to boost their self-esteem. This title is available online only at www.demenebenjamin.com . The former title can be ordered at local book stores or online. The next title in the series, Building Me will focus on goal planning and is set to release later this year. Samples from the book are posted on the author's website.

It is so much easier to get where you are going if you have a map! To live life to its fullest you must have positive SELF-ESTEEM! The key to your happiness and success is in you. Become an Esteem Builder and share the perfect gift of love this Valentines Day. Please visit www.demenebenjamin.com for details or for speaking engagements or workshops contact P3 at (813) 334-6006.

P3 is an event planning services. We focus on every detail both personal and business! For more information please visit us at www.demenebenjamin.com