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**Narconon Arrowhead Releases Free Booklet that Reveals the True Causes of Drug and Alcohol Addiction**

*Facing the problem of addiction is never an easy task. If that wasn't tough enough, there are so many choices in drug rehabilitation that making the right choice can seem impossible.*

/24-7PressRelease/ - CANADIAN, OK, April 03, 2008 - Facing the problem of addiction is never an easy task. If that wasn't tough enough, there are so many choices in drug rehabilitation that making the right choice can seem impossible.

Now a new booklet reveals the three barriers that stand between an addict and lifetime sobriety. With this knowledge, anyone trying to help a person addicted to drugs or alcohol will have a greater understanding of the causes of the problem with which to make decisions. The route to sobriety for the addicted person can seem more accessible.

This new booklet, *The Life Cycle and Mechanics of Addiction*, is available to anyone. The booklet was written out of the thirty years of experience of Gary W. Smith, the Executive Director of Narconon Arrowhead, one of the country's leading drug and alcohol rehabilitation and education centers, located in Canadian, Oklahoma.

"Without an understanding of the true causes of addiction, some people may never be able to make a full and lasting recovery," stated Ryan Thorpe, Director of Admissions at Narconon Arrowhead. "Here at Narconon, we see that more people make a lasting recovery with a rehab program like ours that addresses each of the three barriers thoroughly."

To obtain free copies of *The Life Cycle and Mechanics of Addiction*, call 1-800-468-6933 today or log on to [www.stopaddiction.com](http://www.stopaddiction.com)

Effective rehabilitation and education has been the business of the Narconon drug and alcohol rehabilitation and education network for more than forty years. For information on Narconon's successful drug treatment and educational program and materials, contact Narconon Arrowhead at 1-800-468-6933 or visit the website at [www.stopaddiction.com](http://www.stopaddiction.com).

The Narconon program was founded in 1966 by William Benitez in Arizona State prison, and is based on the humanitarian works of L. Ron Hubbard. In more than 120 centers around the world, Narconon programs restore drug and alcohol abusers and addicts to a clean and sober lifestyle.