



**Press Release Contact Information:**

Kristina Bruni  
TV4 Network  
VP Marketing  
3400 Lakeside Drive, Suite 500  
Miramar, FL  
United States, 33027  
Voice: 954-442-8252  
Fax: 954-431-3591  
E-Mail: [Email us Here](mailto:Kristina@tv4.com)  
Website: [Visit Our Website](http://www.tv4.com)

**The Sleep Holographic Technology System from 8ight, LLC Offers a Natural Solution for Restful Sleep**

*An alternative, holistic method to overcome insomnia*

**/24-7PressRelease/** - ATLANTA, GA, April 24, 2008 - Want a good night's sleep? It is easier than you think to get the sleep you want naturally, without the use of drugs, chemicals, or gimmicks.

Sleep disorders affect millions of people. According to the National Sleep Foundation's national survey, 54% of adults said they have experienced at least one symptom of insomnia. Sleep is vital to good health and according to the CDC it ranks right up there with healthy eating and exercise. Poor sleep can lead to depression, health problems, accidents, weight gain, decreased metabolism, slower memory, faster aging and diminished athletic performance.

Breaking research shows that an easy to peel and stick holographic disc the size of a nickel can be used for a natural, restful night's sleep when placed on acupuncture points. This 21st century innovation is the marriage of holographic technology combined with proven Traditional Chinese Acupuncture to activate the body's meridians. This technology creates a healthy, balanced, and natural sleep without the expense, inconvenience, or fear of addiction.

President of 8ight Michelle Hanchey notes, "We are very happy to offer this technology to give consumers a great night's sleep without compromising their health. This is truly an amazing product. It is easy to apply, drug free with no addiction and no side effects!" Simply apply the non-transdermal disc as directed and expect a deep, relaxing sleep.

For more information, please see <http://www.8ight.com>

**About 8ight, LLC**

8ight, LLC is a global, research-driven company that was the first to discover and share the health benefits of holographic discs. We are committed to enriching and empowering the lives of our customers and affiliates by offering cutting-edge personal improvement technology.

**Contact:**

Michelle Hanchey

Email: [Michelle@8ight.com](mailto:Michelle@8ight.com)

Phone: 770-495-2330

[www.8ight.com](http://www.8ight.com)