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Sapulpa Chiropractor Eliminates Trial and Error from Nutritional Supplement Decisions

More and more people are turning to natural health and wellness through the use of nutritional supplements, but struggle with the difficulty of deciding on which supplements they should take.

/24-7PressRelease/ - SAPULPA, OK, April 27, 2008 - Dr. Kim K. Chai, D.C., D.A.A.P.M., an alternative health care professional from the Back and Neck Clinic, is helping people to eliminate the guess work and trial and error deciding which nutritional supplements are right for them.

"The key to wellness is to learn what your body needs, and to do that we literally talk to your body using the latest biotechnology from ZYTO Corporation. The use of ZYTO technology eliminates any guess work or trial and error in determining what your body needs so it can come into balance," explained Chai.

The human body has the ability to heal itself and to keep itself healthy, if it has what it needs. The goal of wellness care is to turn on the natural healing ability of the body, not by adding drugs to the system, but by removing anything that might interfere with normal function and providing anything that may be lacking, according to Chai.

"The wellness approach is to look for underlying causes of any disturbance or problems, and ZYTO technology enables us to discover those underlying concerns. This enables us to make whatever interventions and lifestyle adjustments optimize the conditions for normal function. This encourages natural healing. When the body is working properly, it tends to heal effectively, no matter what the condition," said Chai.

It is now possible to know what nutritional supplements will bring the body into optimal health and balance through a health scan using ZYTO biotechnology. Chai provides a free written health assessment and comprehensive nutritional analysis. The written assessment is a complete guide to better health and wellness.

"I review your ZYTO health assessment with you and explain which specific vitamins, minerals, or other nutritional supplements your body may need to become balanced. The assessment gives you all the information you need to implement the recommendations," said Chai.

The Back and Neck Clinic is located at 1036 E. Taft in Sapulpa. Appointments can be made by calling 918-224-0546. A web site at <http://www.ScienceBackedHealth.com> offers additional information.

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