



Press Release Contact Information:

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Shanti Uganda Jewellery Event at Maa Yoga Studio On Saturday May 10th, 2008

Shanti Uganda is a Vancouver, BC, Canada based organization dedicated to helping children, women and communities in Uganda find peace and health.

/24-7PressRelease/ - Vancouver, BC, May 01, 2008 - Shanti Uganda improves the physical, emotional and spiritual health of communities impacted by war, poverty and HIV or AIDS in Uganda.

"Through the use of yoga, expressive arts therapy, traditional healing and organic farming practices, we teach children ways to heal from the inside out," says Natalie Angell, Co-Founder & Director of Shanti Uganda Foundation. "Our programs restore traditional birthing practices in rural communities through education and birth assistance and relieve poverty by supporting income generating initiatives for women with HIV and AIDS," continued Angell.

On Saturday May 10th, 2008 Shanti Uganda is selling the jewellery made by the women in the women's craft cooperative. All jewellery is made by the members of an income generating group for women with HIV or AIDS in Uganda . The colourful jewellery is made from rolled strips of recycled paper and money from jewellery sales is used by the women to pay for treatment, to send their children to school and to support the children who have been orphaned since the project began.

Shanti Uganda Jewellery Event at Maa Yoga Studio

Saturday May 10th, 2008

1pm-4pm

216-3650 Mount Seymour Parkway (Parkgate Village)

North Vancouver, BC Canada

<http://www.shantiuganda.org>

<http://www.maayoga.com>

For further information about Shanti Uganda Foundation contact:

Natalie Angell, Co-Founder & Director

604-716-0611

About Natalie Angell

Natalie Angell is passionate about peace and healing. A certified yoga teacher, she is committed to helping students find inner peace, heal past trauma and live from the heart. While in Vancouver, Natalie teaches hatha, restorative, kids and prenatal yoga at Heart Centre Yoga. Visit <http://www.heartcentreyoga.ca/>

Shanti Uganda Foundation

Shanti Uganda is a Vancouver based organization dedicated to helping children, women and communities in Uganda find peace and health.

It is our belief that in order to overcome trauma and conflict within a community, we must first allow individuals to heal and uplift their minds, bodies and spirits. Our programs provide the tools needed to find inner peace and well-being, foster conscious birth and manifest health, happiness and community. All Shanti Uganda projects combine healing, birth education and community development initiatives.

For more information on Shanti Uganda projects, please visit our work at <http://www.shantiuganda.org/ourwork.html>