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WORLD TRAVELER SURVIVES HIS OWN MAN VS. WILD
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/24-7PressRelease/ - SEATTLE, WA, May 07, 2008 — As season four of the hit international TV show *Man vs. Wild* begins, author Gary Garner can only smile, as he has done some of his own surviving in the most dangerous areas of the world.

A vagabond for the twenty-first century and author of the new book *Through the Eyes of Madness*, Mr. Garner has much in common with Bear Grylls, the host of the hit show. Just like Bear, Mr. Garner has traveled across deserts and mountains, and through all of the seven continents with nothing more than his backpack and his instincts to survive.

"In a spontaneous act, I abandoned all of my worldly possessions and became focused on touring the world as a penniless pauper," says Mr. Garner. "I just quit my job and embarked on a global journey with nothing more than my backpack, and I never looked back."

During his exploration, he experienced:

- Witnessing a brutal murder on the South China Sea
- The wrath of an angry mob in the midst of a Nepalese civil war
- His own near-death at the heights of Mt. Everest
- Being ambushed and robbed in Costa Rica by very unusual suspects
- Countless other harrowing escapes that illustrated valuable and moving life lessons

Each chapter of *Through the Eyes of Madness* is richly detailed with stories of Mr. Garner's real life-and-death adventures. Throughout his travels, he continually put himself into situations that were seemingly un-survivable.

Mr. Garner had the chance to live amongst the Masai tribes in Africa, climb frozen glaciers in New Zealand and explore parts of the world that people only read about in books or see on TV.

"These past few years have been so fantastical and life-altering that even I have trouble believing it," admits Mr. Garner. "But that's why I kept the journals and constructed the book in the way I did. Now, others can share in the adventure."

To learn more about the breakout book critics are hailing as "the most ingenious and intriguing adventure book ever written," visit www.ThroughtheEyesofMadness.com, or preview a video interview with the author at <http://www.throughtheeyesofmadness.com/Videos.htm>.

To see an animated short film about Mr. Garner's journey that will be airing on public television stations across the nation in coming months, please visit <http://youtube.com/watch?v=Oa81EgCFJGY> or go to Fast Focus TV at <http://www.fastfocus.tv/media.aspx?id=381>

HAPPENINGS: Mr. Garner has been invited as a VIP guest to the fiftieth anniversary of the Grammy Awards. In addition, he has debuted a film at Sundance and made a VIP appearance at the Synchronized Green Initiative Concert Series. Mr. Garner is a Von Dutch artist in residency, and public television stations nationwide air interstitials about his book.

ARTICLES/VIDEO/INTERNET: Mr. Garner and *Through the Eyes of Madness* have been featured in cover stories in *River Valley News* and *Kent Reporter*. He has also been the subject of a feature story in *Park Record* and was profiled by *New Eye Productions*. In the near future, Mr. Garner will be featured on the *Eco Treadsetters Website*, *YouTube.com* and *Fast Focus TV*. Appearances on *The Rude Awakening* and other shows will follow.

(*Through the Eyes of Madness* by Gary Garner; ISBN: 0-9798687-9-3; illustrated; photos; \$39.99; 398 pages; 8½" x 11½";

softcover; Integrated Technology Edge Corporation)