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**Make Working Out With Sifu Karl Romain,
U.S.A. Martial Arts 'Hall of Fame' Inductee,
A Family Affair!**

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U.S.A. Martial Arts 'Hall of Fame' Inductee,
A Family Affair!*

/24-7PressRelease/ - EDGEWATER, NJ, May 08, 2008 - Now that the warmer weather is here, it is time to enjoy the great outdoors and do things as a family. It is time to talk long family walks and have quality time together that invigorates your minds and bodies. How about doing something wonderful for your family that is close to home and it sure to motivate everyone...Mom, Dad, and the even the little ones? If you think this is a good idea, it is time to meet Sifu Karl Roman!

Sifu Karl Romain is a U.S.A. Martial Arts 'Hall of Fame' Inductee, World Champion and Owner of Romain's Kung Fu Academy (with three locations: Edgewater, NJ - Nyack, NY - Stony Point, NY. Sifu has been seen on ABC News teaching Chi Gong to his students as well as demonstrating Kung Fu and its benefits in your everyday life on the following networks: The Discovery Health Channel, ESPN, Good Day New York, Good Day New York Early Morning Edition, Fox National News, WB11 and MSG. He provides group and private lessons to anyone who wants to look and feel better about themselves. Additionally, he has been asked to be an expert on many Kung Fu and workout seminars and lectures, coordinate many off-site programs for various schools, municipalities and major corporations, and make frequent personal celebrity appearances. He has done lectures on everything from Chi Gong, to Bullysafe seminars, to self-defense seminars and health and fitness in general. Additionally, Sifu is no stranger when it comes to working with athletes.

So come on, take the family down to any of the three convenient Romain's Kung Fu Academy locations. Sifu Karl Romain has a workout for every member of your family that they will enjoy and will help get them in shape this Summer! Spending time together has never been so much fun!

For further information please call 201-840-1133 or visit www.romainkungfu.com

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