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Liz Mitten Ryan Leads the Herd at Book Expo America

*World-renowned Artist-Equine Communicator Liz Mitten Ryan will air her DVD and present her new book *One with the Herd: A Spiritual Journey in the USA* Book News booth at Book Expo America in Los Angeles May 29 - June 1, 2008.*

/24-7PressRelease/ - GIBSONS, BC, CANADA, May 08, 2008 - World-renowned Artist-Equine Communicator Liz Mitten Ryan will air her DVD and present her new book *One with the Herd: A Spiritual Journey in the USA* Book News booth at Book Expo America in Los Angeles May 29 - June 1, 2008. *One with the Herd* is a finalist in the U.S.A. Best Books 2007 Awards. It is also a Nautilus Silver Award winner and now in the running for Gold, which will be announced at Book Expo America.

This visionary work is an intimate record of one woman's journey with her semi-wild horses - yet it has broad implications for the repair of all our lives. Mitten Ryan's observations of equine language transport us beyond earthly confines to remembering who we truly are. The text is enriched by her original artwork, poetry, journal entries and stunning photographs.

One with the Herd is capturing hearts all across North America. Funds raised from book sales benefit equine welfare groups around the world - including Return to Freedom Rescue (California), Thoroughbred Charities of America (Kentucky) and Equine Voices (Arizona).

The presentation of *One with the Herd* at Book Expo America is part of Mitten Ryan's North American book tour. Don't miss this opportunity to meet the author and enhance your own unforgettable journey.

Visit Mitten Ryan and the herd at www.onewiththeherd.com - then visit in-person at Book Expo America.

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One with the Herd: A Spiritual Journey
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