



Press Release Contact Information:

Ellen Campbell
Cambridge Who's Who
Public Relations
498 Reckson Plaza, West Tower
Uniondale, NY
USA, 11556

Voice: 516-535-1515 x1396

E-Mail: pr@cambridgewhoswho.com

Website: [Visit Our Website](#)

Wendy Kostelecky-Stroop Inducted into Cambridge Who's Who for Excellence in Health and Physical Fitness

Wendy joins Team Beachbody in their mission to fight the rising trend of obesity through one-of-a-kind virtual coaching. Virtual coaching allows Wendy to have a home based business and establish her clientele locally as well as nationally through Team Beachbody's customer lead generation program.

/Cambridge Who's Who/ - Great Falls, MT, May 9, 2008, Wendy Kostelecky-Stroop, Independent Beachbody Coach, has been recognized by [Cambridge Who's Who](#) for showing dedication, leadership and a passion for health and physical fitness.

Wendy joins Team Beachbody in their mission to fight the rising trend of obesity through one-of-a-kind virtual coaching. Their new program for fitness and weight loss is already resulting in success stories of transformation throughout the country.

Virtual coaching allows Wendy to have a home based business and establish her clientele locally as well as nationally through Team Beachbody's customer lead generation program. Virtual coaching is about providing support and accountability to others while they focus on their fitness and health goals. Beachbody provides over 120 fun, effective and affordable home workout DVD programs by trainers like Tony Horton and Debbie Siebers.

Team Beachbody's online club provides a customizable meal plan with grocery lists, chats with trainers, weight management tracking tools, and the Million Dollar Body Game- be a success story and win up to \$250,000. They offer an online virtual super gym called WOWY, where clients can access success buddies and workout partners at any time and are offered daily cash prizes for working out. Beachbody also provides a supplement line to fill in nutrition gaps and enhance the client's fitness plan.

Wendy made the step into independent Beachbody coaching to commit to her own healthy and fit lifestyle and now enjoys building her business and helping others to make their own lifestyle changes. Her goal is to be a full-time coach and use her time to increase health awareness, fight obesity, and build her team.

For more information on Team Beachbody, please visit <http://www.BearDownFitness.com>.

The Cambridge Who's Who Mission

The mission of **Cambridge Who's Who** is to ensure that Cambridge members receive recognition, support and credibility to advance their careers. **Cambridge Who's Who** is also committed to delivering the highest quality networking resource for job recruitment, career enhancement and new business development. See who's making news at the [Cambridge Who's Who News Blog](#).

Cambridge Who's Who members have exclusive access to the biographical information of more than 200,000 successful executives, professionals and entrepreneurs at www.cambridgewhoswho.com, where they use the database to share information, knowledge and services. Communication via the **Cambridge Who's Who registry** travels in two directions, enabling **Cambridge Who's Who** members to reach out when they have a business need or opportunity as well as receive information on exciting new ventures.

Contact:

Ellen Campbell

Director of Media Relations

mediarelations@cambridgewhoswho.com

Cambridge Who's Who is the fastest-growing publisher of executive, professional and entrepreneur biographies in the world today. Our accomplished members and extensive online database make Cambridge Who's Who a premier resource for

networking.

The Cambridge mission is to deliver its members the recognition and competitive edge needed to network and do business effectively. Inclusion in the registry is an honor limited to individuals who have demonstrated leadership and achievement in their industry and occupation. The registry is distributed exclusively to our members around the world, making it the ideal vehicle for you to use to position yourself and your company.