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New Book Presents 30 Ways to Explore Kyoto on Foot

"Exploring Kyoto by long-term resident Judith Clancy is an excellent guide to exploring Kyoto on foot."

—*Lonely Planet*

/24-7PressRelease/ - BERKELEY, CA, May 10, 2008 - Among the world's most cherished ancient cities, Kyoto, Japan, is perfect for exploring on foot. Richly detailed and small enough to fit in a jacket pocket, *Exploring Kyoto: On Foot in the Ancient Capital* (Stone Bridge Press, April 2008) is an essential guide to becoming an enlightened pedestrian in the area once known as Yamashiro ("the back of the mountains").

Thoroughly revised and updated, this edition of *Exploring Kyoto* offers two new routes and spans a spectrum of geographical and cultural topography, from bustling downtown quarters to remote mountaintops, hip eateries to ancient shrines.

-Thirty explorations, including the well-known Mt. Hiei, Arashiyama, Heian Shrine, Ryoanji, Philosopher's Walk, and many hidden corners

-Detailed maps tracing each route

-Over thirty descriptive photos

-Essential tips on etiquette and behavior

-Full index to all sites and attractions

-In-depth information on local history, arts, and festivals

-Kyoto was recently ranked one of top twenty-five destinations worldwide by Travelers Choice Destination Awards

Judith Clancy has lived in Kyoto since 1970. She has written about the many traditions of Kyoto, including music, tea ceremony, and ikebana, and has acted as guide and interpreter for various groups and workshops.

Stone Bridge Press, founded in Berkeley in 1989 by publisher Peter Goodman, is a leader in books about Japan and Asia. The company has over 150 books in print and has published numerous travel books, including *Little Adventures in Tokyo*, *The Little Tokyo Subway Guidebook*, *Cruising the Anime City*, *Travels in the East*, *China Survival Guide*, and *The Inland Sea*, which was made into an award-winning PBS documentary. Stone Bridge books are distributed to the trade in North America by Consortium Book Sales and Distribution.