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Wes "Scoop" Nisker Performing Live to Promote New Cody's Book on Buddhism and Science

Nisker's comic monologues based on sequel to progressive spiritual classic

/24-7PressRelease/ - BERKELEY, CA, May 10, 2008 - Stone Bridge Press is pleased to announce the release of Crazy Wisdom Saves the World Again!: Handbook for a Spiritual Revolution (A Cody's Book, April 2008). A seriously funny investigation of religion, evolution, cosmology, and Buddhism, Crazy Wisdom Saves the World Again! is a self-help book for people interested in helping more than just themselves. It is the second book to be released under the Cody's Book imprint, a new collaboration between Stone Bridge Press and Cody's Books that reflects the energy and activism of the San Francisco Bay Area.

In sections such as "The Evolution Sutra" and "Be Here Wow!" best-selling author Wes "Scoop" Nisker updates the metaphysics of his cult classic, The Essential Crazy Wisdom, and calls for a new spirituality—one that fits our modern, scientific worldview while remaining full of wonder and joy. For Nisker, it's all about recognizing that your mind has a "thinking problem." Searching for crazy wisdom to help cope with today's world? You've come to the right place!

CATCH NISKER LIVE!

Readers won't want to miss Nisker's readings and comic monologues based on Crazy Wisdom Saves the World Again!. The New York Times has called his stand-up routines "Zen zingers with Borsht Belt timing." Come see why!

April 14: Book release and reading at Cody's Books, Berkeley, CA
April 22: KFOG Morning Show, San Francisco, CA
April 29: KPFA Morning Show, 8:30 a.m., Berkeley
April 29: Reading at City Lights Books, San Francisco
May 11: Green 960AM, San Francisco
May 16-17, 23-24: Comic routine at The Marsh, San Francisco
May 24: Appearance on "West Coast Live," syndicated radio show, San Francisco
May 29-30: Comic routine at the Freight & Salvage Coffee House, Berkeley
July 21: Reading at Book Passage, Corte Madera, CA
More 2008 events TBA

PRAISE FOR NISKER'S 'THE ESSENTIAL CRAZY WISDOM'

"Instant therapy." — Daniel Goleman, author of Emotional Intelligence

"Twenty-three times more liberating than the Bible, the Torah, and the Koran combined. It may be crazy to say such a thing but it is also wise." — Tom Robbins, novelist, author of Even Cowgirls Get the Blues

"Deeply Wise..." — Utne Reader

WES "SCOOP" NISKER is a Buddhist meditation teacher, author, radio commentator, and performer. His widely praised books include The Essential Crazy Wisdom (Ten Speed), The Big Bang, The Buddha, and the Baby Boom (HarperCollins), and Buddha's Nature (Bantam). The best of Nisker's radio commentaries from the 1960s and 1970s were collected in an hour-long National Public Radio special titled "A Decade In Your Ear." Nisker is also the founder and co-editor of the Theravada Buddhist journal Inquiring Mind. Mr. Nisker has studied Buddhist meditation for three decades with teachers in Asia and America, and for the past fifteen years has been leading his own retreats and workshops in Buddhist insight meditation and philosophy at venues internationally, including the Esalen Institute in Big Sur, California. He is an affiliate teacher at the Spirit Rock Meditation Center in Woodacre, California. Visit him online at www.wesnisker.com.

Crazy Wisdom Saves the World Again!:
Handbook for a Spiritual Revolution

by Wes "Scoop" Nisker
A Cody's Book from Stone Bridge Press
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