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**Award Winning Author Cheryl Lacey Donovan to appear on Great Day Houston**

*Should we spank our children? Are African American child rearing practices rooted in slavery? What's the difference between discipline and punishment? Hear a discussion on these topics and more when Cheryl Lacey Donovan appears on Great Day Houston. (KHOU Channel 11 Houston)*

**/24-7PressRelease/** - POCONOS, PA, June 16, 2008 - Coming from a legacy of preachers, Cheryl Lacey Donovan is walking in her destiny. An anointed woman of God, her mission is to challenge you to look inside yourself for change, to identify the strongholds in your life, and to tear them down with the help of the creator. Once you have crossed her path, your life will never be the same. Cheryl hit the scene with full force when she penned her award winning book *Women What the Hell are You Thinking*. Cheryl shows no signs of slowing down as she travels the country speaking to women about issues that resonate within their souls.

Cheryl's internet radio show *Worth More Than Rubies* reaches thousands of women each week with educational, inspiring, and thought provoking programming that gives women a platform to discuss their issues and design a plan for change. The show will soon go into production as a 30 minute cable TV talk show.

On June 26, 2008, at 9:00am CST, Cheryl will appear on *Great Day Houston* with Debra Duncan (CBS KHOU Channel 11 Houston) to discuss issues related to child rearing practices. "Titus 2 admonishes older women to teach younger women how to love their children." Cheryl has taken up the mantle to do just that. Her articles, "Are African American Child Rearing Practices a Direct Result of Slavery" and "Discipline vs. Punishment", give amazing insight into the art of balancing discipline and training. Her upcoming release "The Ministry of Motherhood" delivers a bold message about responsibility and accountability by explaining the keys to the ministry involved with being a mother. Use these keys to unlock the secret and discover the real truth. It is through the gift of the written word that Cheryl ignites flames, delivering a powerful message of hope and inspiration, through faith and family, you will be inspired to change, forced to make a difference and will realize the importance of motherhood, through and through.

**About The Author**

Cheryl Donovan is an acclaimed author, inspirational speaker, and compelling advocate for personal empowerment. Her book *Women What the Hell are You Thinking* remained in the top 10 of Amazons Hot New Releases during its first two months of publication.

Cheryl believes in Psalms 11:25 which says, She who refreshes others will herself be refreshed; therefore, she tries to be transparent as she speaks and writes about her valley to mountain experiences.

Cheryl has been recognized nationally for her work. She has been the featured author on radio talk shows such as *Artist First*, *Power Talk FM*, *An Hour to Empower with Mo and Mickey*, and *Urban Echoes Voices and Vibes*. Her interviews have also appeared in *Empowering African American Women Magazine*, *AA Kulture Zone*, *The Book Suite*, and *Women's Self Esteem*. She was awarded the 2007 Literary Power Award and was nominated in several categories for the *Infini Awards*. Cheryl will be featured for the inaugural season of *What Shall We Read*, a literary program which airs on CAN-TV in Chicago. She will also be inducted into the 2008 *Who's Who in Black Houston*.

Prepare yourself as you discover the joy within and walk with Cheryl, through the sunshine and rain, through the joy and the pain. The *Ministry of Motherhood*, will convince you of the power of faith, love, hope, redemption and perseverance through every single word of inspiration.

You may register to attend the Pre-Mother's Day Breakfast to launch the book's release by visiting, [www. avirtuouswoman-31. org](http://www.avirtuouswoman-31.org).

The Ministry of Motherhood releases May 2009 from Peace in The Storm Publishing, ISBN 13: 978-0-9790222-3-4, ISBN 10:0-9790222-3-1.

A Virtuous Woman-31 offers programs that help women discover their true worth.

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