



Press Release Contact Information:

Carlos Todd
Todd's Anger Management Solution
President
10130 Mallard Creek Rd., Ste 300
Charlotte, NC
US, 28262
Voice: 704-804-0841
E-Mail: Email us Here
Website: Visit Our Website

Live Online Nationwide Anger Management Offered from the Comfort of Home

Sometimes the solution to stress and anger actually contributes to it. For many, accessing the services of certified anger management facilitators is so challenging that the effort expended on finding a professional can lead to increased stressors.

/24-7PressRelease/ - Charlotte, NC, June 22, 2008 - Conflict Coaching and Consulting, PLLC is well aware of these challenges and is meeting them by offering live online anger management training to clients right across the country. From the comfort and privacy of their own homes, clients are benefitting from the expertise of licensed mental health professionals with specific certification in the area of anger management.

"Receiving assessments and instruction in a familiar setting can assist our clients in the outcomes of their training," says Carlos Todd, president of Conflict Coaching and Consulting, PLLC. "When we're able to remove some of the stressors associated with travelling distances to see a facilitator or by removing the anxiety of group sessions, we find that our clients excel in developing the skills needed to better manage their anger."

Anger management classes are now just a click away with a home computer and internet connection. The professionals at Conflict Coaching and Consulting, PLLC perform client assessments and then develop instruction aimed at helping them to better manage their stress and anger, communicate more effectively and build empathy. Clients requiring court-mandated services can be confident that the live online program delivered by Conflict Coaching and Consulting, PLLC meets the criteria of the courts. Active participation is required in order to receive a certificate of completion.

Conflict Coaching and Consulting, PLLC is the leading provider of anger management and conflict coaching east of the Mississippi. Specializing in anger management classes, anger management assessment, couples conflict resolution, individual conflict coaching, and organizational training, the professionals at Conflict Coaching and Consulting, PLLC serve a national clientele. President Carlos Todd is a renowned expert in the field of anger management and is much sought-after as a consultant to corporations and the media.

For more information, please call (704)804-0841 or visit www.masteringanger.com

Conflict Coaching & Consulting, PLLC

10130 Mallard Creek Rd, Ste 300

Charlotte, NC 28262

704-804-0841

todds@masteringanger.com

Conflict Coaching and Consulting is based in Charlotte, NC. We provide a variety of anger management services to adults, groups, couples, adolescents and companies. Executive coaching for doctors, lawyers, nurses, policemen, firemen and business owners is also available. At your request we can provide onsite training in anger management, stress management, communication skills and emotional intelligence. We have also added one day classes for fast track achievement as well as online live sessions from the comfort of your home. We are located in the ExecuBusiness Center on Mallard Creek in Charlotte, NC. Email or call Carlos Todd at todds@masteringanger.com or 704-804-0841. Visit our website at www.masteringanger.com