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Feeling Confident About Cosmetic Surgery

In order to feel a sense of peace about your decision, there are certain questions you should ask your doctor about plastic surgery.

/24-7PressRelease/ - BEVERLY HILLS, CA, July 18, 2008 - Opting for any type of surgery has an inherent sense of uncertainty. That's because all surgery comes with both benefits and risks. This is no less true when you've made a decision to have cosmetic surgery. It's important to be clear on what your goals are, which procedures best meet those goals, and who you trust the most to deliver the best outcome. In order to feel a sense of peace about your decision, there are certain [questions you should ask](#) your doctor about plastic surgery. These questions can help assure you that you have made the right choice, in both the surgery and the doctor.

First, how do you find a plastic surgeon? The [American Academy of Facial Plastic and Reconstructive Surgery](#) has a toll-free number, 1-800-332-FACE in the United States and Canada. While searching out the best plastic surgeon for you, ask about their history with the procedure you're considering. Do they specialize in your specific area of cosmetic surgery? Where were they trained? How long have they been in practice? Do they have testimonials from other clients along with [before and after photos](#)? Word of mouth is one of the best ways to find a plastic surgeon. In essence, you want to make sure your surgeon is experienced not only in the clinical aspects of the surgery you're opting for, but in the aesthetically pleasing results.

Once you've decided on a plastic surgeon, schedule a consultation in order to interview your surgeon. Before going to the consult, write down the important questions you need to ask. These questions should include:

- Am I a good candidate for this procedure?
- How long will the operation take?
- What is the recovery time?
- What are the risks involved?
- Is post-operative medication necessary?
- What is the charge for the procedure?

The consultation is the first step in developing a relationship with your doctor, which is an important aspect for a successful surgery. It's important that your doctor listens to you and is certain of your goals and desired outcomes. You can also ask if they provide computer imaging in order to show you the potential outcome?

The initial consult is the time to be as frank as possible about your medical history. Don't leave anything out, no matter how irrelevant you may think it is. Explore all the options available to you along with the benefits and risks, and then decide together which [procedure](#) or procedures will give the most optimal results.

Another important factor to consider is anesthesia. Ask your doctor what type of anesthesia he or she will use. Also ask about their experience with anesthesia.

If you're considering cosmetic or reconstructive surgery, and you live in the Beverly Hills area, please visit the website of [Dr. Babak Azizzadeh](#) or call the office at 310.657.2203 to set up a consultation.