



**Press Release Contact Information:**

Parthenia Izzard  
Alternative Medicine Therapies  
President  
City Line Avenue  
Wynnewood, Pennsylvania  
USA, 19096  
Voice: 610.658.0135  
E-Mail: [Email us Here](mailto:parthenia@amtherapies.com)  
Website: [Visit Our Website](http://www.amtherapies.com)

**7/18/08 Host Psychologist Parthenia Izzard, CNHP, will be talking with Dr. Jane Nelson, author of Serenity: Simple Steps for Recovering Peace of Mind, Real Happiness, and Great Relationships.**

*7/18/08 Host Psychologist Parthenia Izzard, CNHP, will be talking with Dr. Jane Nelson, author of Serenity: Simple Steps for Recovering Peace of Mind, Real Happiness, and Great Relationships.*

**/24-7PressRelease/** - WYNNEWOOD, PA, July 18, 2008 - Every Friday evening at 8:03 PM eastern time you can listen to Wellness, Wholeness & Wisdom radio on the internet, with Host Psychologist Parthenia Izzard, a certified natural healthcare practitioner (CNHP). The program is archived within minutes of the live broadcast with rebroadcasts Saturday mornings at 9:03 AM Eastern Time. Go to [www.amtherapies.com](http://www.amtherapies.com) for the radio link to listen to the show live online! Program topics range from authors like Bishop Jordan, James Redfield, Immaculee Ilibagiza, and William Tiller to owners of products like Rishi Teas, and Dr. Kracker. She also has celebrity guests like Sidney Poitier!

July 18, 2008, host Psychologist Parthenia Izzard, CNHP, will be talking Jane Nelson, author of Serenity: Simple Steps for Recovering Peace of Mind, Real Happiness, and Great Relationships. Dr. Jane Nelson is a licensed Marriage, Family, and Child Counselor in South Jordan, UT, and Carlsbad, CA. She is the author and/or coauthor of the Positive Discipline Series.

Dr. Jane Nelson has appeared on Oprah, Sally Jessy Raphael, and Twin Cities Live, and was the featured parent expert on the National Parent Quiz with Ben Vereen. Learn proven, effective Positive Discipline strategies -- even if you're on the go.

The Achieve Radio studio is in California. To call in during the program call 888.235.7374 or send Host Psychologist Parthenia Izzard an instant message during the program on the Achieve Radio site.

Psychologist Parthenia Izzard's private practice is in Pennsylvania where she sees clients. You can purchase her first co-authored book on her site, 101 Great Ways to Improve Your Health, and her own book not too far behind.

Go to Psychologist Parthenia Izzard's website, [www.amtherapies.com](http://www.amtherapies.com), for the schedule of radio program guests, information about her practice, her blog, and newsletter.

Be well

#### About Alternative Medicine Therapies

We listen to your concerns about the unexplained aches and pains and symptoms that doctors cannot identify or explain. We offer a holistic approach to preventive care. At Alternative Medicine Therapies, we employ techniques that add to the quality of your life. On the radio I endeavor to present a new guest each week who will be a representative from the world of alternative medicine therapies, related products and issues. These programs should lead you to a healthier way of life.