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Anger management is an investment which improves the bottom line

Profitable Companies Find Solution To Growing Problem Of Anger Among Employees

LOS ANGELES, CA, October 06, 2008 **/24-7PressRelease/** -- Anger is a very common obstacle within many companies, governmental agencies, prisons and schools. Studies show that aggression and violence in the workplace increases absenteeism, reduces productivity, lowers morale and increases a company's liability.

Environments where anger does not dominate are pleasant for employees, students, etc., increasing productivity, return on investment and overall morale. Anderson & Anderson, founded by George Anderson, announce the release of the new executive coaching client workbook, *The Practice of Control, Executive Coaching/Anger Management for Physicians*. This new client workbook is available to the general public and provides anger management tips for "disruptive physicians", H.R. Staff, work groups and persons who manage others.

The Anderson & Anderson Executive Coaching and Anger Management Curriculum is the most widely used anger management model in the world. This curriculum was recently the focus of a two episode BBC documentary on anger management by Griff Rhys Jones entitled "Losing It".

George Anderson has authored several books such as "Tips for Managing Anger", "Gaining Control of Ourselves", "Controlling Ourselves" and "Parenting in A Troubled World". He was technical consultant on the popular Jack Nicholson/Adam Sandler Movie "Anger Management".

Mr. Anderson assists companies, "disruptive physicians" and executives all around the world with executive coaching and anger management intervention. He was the keynote speaker at the 30th anniversary of the Philippine Psychiatric Association meeting in Manila.

The new Anderson & Anderson anger management client workbook for physicians uses emotional intelligence to teach skills in empathy, communication, stress management, anger management and emotional self-motivation. Anger is seen as a secondary emotion often as a result of stress, fear, depression or anxiety.

The Anderson & Anderson model of anger management is the most widely used intervention/self-help guide in the world. It is approved for use in the United States, U.K., Canada, Italy, Bermuda, Mexico, Philippines and Guam.

The National Center for Employee Development of the United States Postal Service has selected this model for use in its employee training. Details about the new Executive Coaching/Anger Management text for "disruptive physicians" is available at the Anderson & Anderson website: <http://www.andersonservices.com>. A demonstration of this model can be seen by clicking on the 6 videos on the Home Page of the Anderson & Anderson website.

About Anderson & Anderson, A.P.C.

Anderson & Anderson, A.P.C. is a provider of anger management certification training, anger management classes (for groups) and executive coaching for Physicians and individual clients. Our anger management model is the most recognized anger management curriculum in the world. For more information, please contact us at 310-207-3591.