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**Heal My Wings a Healing Guide for Victims on Domestic Violence**

*Kimberly Ware Writes a Book on How Survivors Can Heal from Domestic Violence*

DECATUR, GA, October 08, 2008 **/24-7PressRelease/** -- October is National Domestic Violence Awareness Month. Within the U.S. Nearly, three out of four (74%) of Americans personally know someone who is or has been a victim of domestic violence. 30% of Americans say they know a woman who has been physically abused by her husband or boyfriend in the past year (Allstate Foundation National Poll on Domestic Violence, 2006).

Atlanta author, Kimberly Ware, wrote a thought provoking book for survivors on domestic Violence. "I am a survivor of domestic violence and I wanted to write a book on how to heal spiritually. I wanted to show women how they too can grow their wings and heal from life dilemmas," stated Kimberly Ware.

When women go through social struggles in their life such as divorce, single parenting, emotional abuse, domestic violence, or illness, it can be quite dramatic. At first these experiences can cause a wound, not just a physical wound, but a spiritual wound that also needs healing. Often times these wounds can not be seen with the naked eye but they are still there.

Intuitive, spiritual healer, and teacher, Kimberly S. Ware guides women on how to heal from life dilemmas. This guide is complimentary to Ware's Heal My Wings: A Healing Workbook & Journal for Women. Offering modern-day stories and examples from her own personal experiences, she gives tips and exercises on spiritual healing. She shows how it's possible to heal your wings and prosper after overcoming life changing events.

Kimberly Ware is the author of Heal My Wings: A Healing Guide for Women, Heal My Wings: A Healing Journal and Workbook for Women. Kimberly Ware is a spiritual healer and teacher. She conducts the Heal My Wing, Spiritual Pathway, and A Recipe for the Soul Workshops through out the country.

About Messenger Publishing, Inc

Messenger Publishing, Inc. is a Georgia book, magazine, and newspaper publisher.