



Press Release Contact Information:

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10/10/08 Host Parthenia Izzard, CNHP and psychologist, will be talking with Dr. Carol Bruess, author of What Happy Parents Do: The Loving Little Rituals of a Child-Proof Marriage.

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WYNNEWOOD, PA, October 10, 2008 **/24-7PressRelease/** -- Every Friday evening at 8:03 PM eastern time you can listen to Wellness, Wholeness & Wisdom radio with host Parthenia Izzard, CNHP and psychologist. The program is archived within minutes of the live broadcast on the internet and rebroadcast Saturday mornings at 9:03 AM eastern time. On your computer go to <http://www.amtherapies.com> and click on the Achieve Radio link to listen to the show live online! Program topics range from authors like Bishop Jordan, James Redfield, Immaculee Ilibagiza, and William Tiller to owners of products like Rishi Teas, and Dr. Kracker. She also has celebrity guests like Sidney Poitier!

October 10, 2008 host Psychologist Parthenia Izzard, CNHP, will talk with Dr. Carol Bruess, author of What Happy Parents Do: The Loving Little Rituals of a Child-Proof Marriage. Today we will be talking with Carol Bruess about her new book, What Happy Parents Do: The Loving Rituals of a Child-Proof Marriage. What couples do to keep their marriages alive when they have children.

The Achieve Radio studio is in California and you can listen to the show live online as explained above. To call in during the program call 888.235.7374 or send Parthenia Izzard an instant message during the program on the Achieve Radio site.

Parthenia Izzard's private practice is in Pennsylvania. You can purchase her first co-authored book on her site, 101 Great Ways to Improve Your Health, and her own book not too far behind.

October 17, 2008, Host Psychologist Parthenia Izzard's guest will be Debbie Mandel, author of Addicted to Stress: A Women's 7 Step Program to Reclaim Joy and Spontaneity In Life.

Be well

About Alternative Medicine Therapies

We listen to your concerns about the unexplained aches and pains and symptoms that doctors cannot identify or explain. We offer a holistic approach to preventive care. At Alternative Medicine Therapies, we employ techniques that add to the quality of your life. On the radio I endeavor to present a new guest each week who will be a representative from the world of alternative medicine therapies, related products and issues. These programs should lead you to a healthier way of life.