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With the ever growing concern of potential toxic side effects of prescription drugs many patients have looked for other ways to heal their bodies through alternative methods.

Dr. David B. Wood B.Sc., N.D., co-founder of the Trinity Family Health Clinic in Lynnwood, Washington takes a very different view to healing the body.

LYNNWOOD, WA, October 14, 2008 **/24-7PressRelease/** -- With the ever growing concern of potential toxic side effects of prescription drugs many patients have looked for other ways to heal their bodies through alternative methods. Granted the health and wellness industry is a multi billion dollar a year industry, but for millions of Americans suffering from a wide range of chronic illnesses from cancer to depression, from heart disease to colitis their main interest is to how to regain their health naturally and continue to maintain that level of health through a healthy life style.

David B. Wood, B.Sc., N.D. is a graduate of the University of Washington (B. Sc., Microbiology 1977), Seattle, WA and Bastyr University (N.D. 1983) in Kenmore, Washington. He is the president and cofounder of the Trinity Family Health Clinic, P.S., of Lynnwood, WA (1984 - present) and the Vice President, Chief Medical Officer (CMO) and cofounder of BioGenesis Nutraceuticals, Inc. of Mill Creek, WA (2000 - present).

The Trinity Family Health Clinic is widely regarded as one of the most successful multi disciplined group naturopathic medical clinics on the west coast. Dr. Wood founded Trinity Clinic with his beautiful and talented wife, Dr. Cheryl Wood, ND. Today Trinity Clinic has four physicians made up of 3 Naturopathic Physicians, and a Nurse Practitioner/Naturopathic Physician. Dr.'s Wood have been in full time private practice since March of 1984. An unusual staff member at Trinity Clinic is Sophia an adorable little Shih Tzu who provides unconditional love to all. Both children and adult patients love her as she calms their fears when they need a blood draw. She has been a tremendous blessing to all of our patients including those with cancer or those who have just lost a loved one and need some extra comfort.

Dr. David B. Wood B.Sc., N.D., co-founder of the Trinity Family Health Clinic in Lynnwood, Washington takes a very different view to healing the body. He works with allopathic medical doctors and surgeons and refers patients to their care when needed but feels that in many cases the body can heal itself without taking drugs or enduring painful, invasive surgeries. He also believes that many prescription drugs have their counterpart in herbal medicines which often have less risk of adverse side effects and along with a healthy individualized diet and specific nutraceutical program enhance overall health and move his patients towards true health rather than simply suppressing the symptoms of disease. Dr. Wood is licensed as a primary care physician and is able to prescribe pharmaceutical drugs when necessary but feels that positive lifestyle changes and nutritional intervention should be the foundation of any good health program. He is a true integrative physician.

Dr. Wood feels he is called to inform and educate his patients, and the public about the inherent wisdom in natural healing methods. From 1994 - 2006 he had a Seattle, WA based weekly talk radio program "Health, Hope and Healing" and he has appeared on local and national television many times sharing vision of health care with the public. Utilizing his creative talents Dr. Wood continues to design cutting edge science based nutraceutical products and educates health professionals and the public in their application.

Wood said "Over the years I became more and more frustrated with the typical nutraceutical products available to lay people OTC and to doctors. They never seemed to really be designed to truly treat a given problem. Often many products needed to be prescribed just to treat one condition." In 2000 Wood co-founded a professional nutraceutical company and began formulating truly therapeutic products. "My goal" Wood explains "is to improve the level of health care in the United States. I believe natural health care is critical for this to happen."

"Over the last 25 years we have seen tens of thousands of patients from all over the world. Our goals are to educate people about natural health care and help transform their lives into an expression of true health. Allopathic medicine is incredible for crisis care but has many disadvantages for building true health and for treating chronic conditions. We work with our patients using an extensive health history, intake forms (our patients complain about the length of our intake forms, but are

pleased when they see that this additional health information makes a true difference in the level of care we are able to deliver to them), laboratory analysis, physical exams, etc. Once we gather this information we design an individualized program for each patient. We help each patient discover his/her ideal diet and nutraceutical program to treat their unique set of symptoms and disease manifestation."

For more information about The Trinity Family Health Clinic or to learn more about the many services that they offer there, visit their website at <http://www.trinityclinic.com>.

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