



## What Patients Must Know About The Differences Of Invisalign And Traditional Metal Braces

*Dr. Roland Markarian provides the effective and convenient service of Invisalign to the Lancaster area.*

LANCASTER, CA, May 29, 2014 **/24-7PressRelease/** -- Patients strive for a perfect smile, but aren't looking forward to a long process of metal braces. Golden Dental in Lancaster wants patients to consider a more pleasant option, Invisalign. Invisalign and Metal braces are different in many ways.

Invisalign requires a series of removable clear plastic aligners that gradually straighten your teeth. Dr. Markarian will use computer-imaging technology to take impressions of your teeth and create a digital model of them. This data will be sent to the Invisalign lab for use in construction of your customized aligners. Patients will then wear each aligner for approximately two weeks. During this time, the aligner will gradually shift your teeth towards the desired position. After two weeks, the next aligner in the series is used. Patients then continue to move through the aligners throughout the treatment course as your teeth gradually move towards proper, permanent alignment. Invisalign will yield straight and beautiful teeth once the process is complete.

Traditional braces are metal braces, which have quite a few downfalls. Knowing there is metal in the mouth that you cannot take out it is miserable enough as it is. Regular braces also adhere to pain, mouth sores, discomfort, and sometimes tooth decay from incorrect brushing and flossing. Metal braces also require patients to watch what they eat. Sticky candies and hard foods can cause damage to metal braces. Patients may also find that metal braces lower their self-esteem. Some jobs require patients to conduct meetings or presentations, and the metal braces can get in the way of a perfect performance.

Invisalign has proven to be a much better option than metal braces. With Invisalign, no food sacrifices are needed. Invisalign can be taken out of the mouth and put back in again. There is no pain and brushing and flossing are easier since it can be removed. When situations arise where patients do not want a foreign object in the mouth, Invisalign can simply be removed and put back in when the task is finished. Invisalign can straighten teeth in as little as 1 - 1.5 years. Metal braces can sometimes take up to 5 years of treatment. Invisalign costs about \$500 more than traditional braces, but the amount of time and benefits makes Invisalign a smart investment for a patient's smile.

To easily and professionally get that perfect smile, call Golden Dental today at 661-948-8100.

About Dr. Roland Markarian, DMD: Dr. Markarian has an extensive educational background, having first earned his doctorate from Boston University and then completing his residency at Bronx Lebanon Hospital, where he specialized in traumatic injury. To remain current in the industry, Dr. Markarian's postgraduate studies focused on Implantology. His experience encompasses an array of dental treatments, from implants and cosmetic dentistry to oral surgery and IV sedation, offering his clients the best, most comprehensive dental care.

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