

A transformative new tool for
emotionally stuck writers

Coaching the Character™ is a one-of-a-kind coaching method that helps writers uncover what's truly driving their characters—their emotional logic, their motivations, and what's keeping them stuck. **It's not editing. It's not a manuscript critique. And it's definitely not traditional writing advice.** It's deep, character-centered clarity—rooted in real-world coaching techniques that unlock transformation on and off the page.

Why Writers Love It

- **Deepen Character Insight:** Reveal what drives your characters—and your story.
- **Unblock the Writing:** Identify emotional knots keeping you stuck.
- **Streamline Revisions:** Make character-based choices with clarity and flow.
- **Boost Emotional Resonance:** Align what your character feels with how the story lands.

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In the space of an hour, Rebecca helped me bash down walls and preconceptions I had erected around my characters, protecting them from their own potential.

—Courtney Maum, Co-creator of Coaching the Character™ & bestselling author of Before and After the Book Deal

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Ideal For

- **Authors in Revision:** Sharpen arcs and emotional logic.
- **Screenwriters & Playwrights:** Deepen stakes and backstory.
- **Memoirists:** Navigate vulnerability and narrative flow.
- **MFA Writers:** Cut through perfectionism and overthinking.
- **Agents & Editors:** Offer clients support to break through creative blocks

About the Coach:

Rebecca Babcock is a trauma-informed coach with 20+ years of experience helping people move through fear, perfectionism, and emotional blocks. She created Coaching the Character™ after realizing the same tools that transform real lives can also unlock fictional ones. Co-developed with bestselling author **Courtney Maum**, this method helps writers craft emotionally true, psychologically rich characters.

[Book your free clarity call now](#)

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