

The background features a large, light gray spiral that starts from the center and expands outwards. In the upper left and upper right corners, there are two sets of concentric circles, each consisting of an inner and an outer ring, both in a light yellow color. At the bottom center, there is a large, light yellow gear with many teeth.

A SCIENTIFIC WORLD ORDER

Creating a science-based world order is
at hand.

Sajid Khan

The Science of Wisdom: Redefining Mind and Education

Introduction.

First, let me explain why my books are so tiny. When I can explain the mysteries of philosophy under a page and that too in scientific terms, why should I waste valuable time in this age of busyness? The world is inundated with lengthy philosophical works, yet many mysteries—including those of the mind—remain unresolved. My approach is different. I have mastered the art of explaining profound concepts concisely. This book will showcase how small, focused insights can solve the deepest riddles of life with clarity and precision.

Chapter 1: The Mystery of the Mind

Countless volumes have been written about the mind, yet ignorance persists. Here, I offer a concise, specific, and scientific definition:

The mind manifests itself as a self-image. The self-image is the closest workable and practical definition of the mind. We know the quality of the mind through its self-image. Thus, to understand the mind, one must define it by one's self-image. To optimize the mind, optimize the self-image.

By quantifying the self-image, we unlock the mysteries of the mind. There are four basic stages of the self-image:

1. Fetus level (-2): self-centered self-image.
2. Child level (-1): corrupt self-image.
3. Adult level (+1): egoistic self-image.
4. Guru level (+2): angelic, selfless self-image.

Understanding these stages makes it possible to measure the mind scientifically, enabling precise education and wisdom development.

Chapter 2: The Applications of Mind Quantification

Quantifying the mind has transformative implications:

1. Wisdom as Selflessness: The ultimate goal of education is to create a society of +2 individuals or angels. Wisdom is selflessness, while ignorance is selfishness. By fostering selfless self-images, we pave the way for a better world.
2. Solving the Social Standard Mess: In America, six out of ten individuals operate at the +1 egoistic level, leading to societal challenges. Leaders focus on symptoms rather than causes, wasting trillions of dollars. With a +2-focused approach, we can create a thriving society.
3. War and Peace: War can now be scientifically defined:

- War: -2
- State of War: -1
- Truce: +1
- Peace: +2

True peace requires +2 recognition and behavior from leaders. Let +2 individuals lead peace negotiations to resolve conflicts permanently.

4. Love and Relationships: Love can be quantified, making relationship behavior scientifically clear. Marriage, parenting, and moral values are all grounded in the qualities of the +2 mind.
5. Education and Upbringing: Designing education systems around mind quantification makes teaching wisdom straightforward and scientific.
6. Life Issues: A +2-centric approach solves the world's biggest challenges from addressing poverty to emotional well-being.

Chapter 3: The Dual Nature of Mind and Brain

The world's ignorance stems from conflating the mind and the brain. The mind generates professional expertise, while the brain produces emotional health (wisdom). These are separate entities, yet education focuses solely on the mind, ignoring brain development.

This misalignment results in emotionally challenged brains projecting ill self-images. Consequently, many individuals lead lives of imbalance, earning well but spending poorly. A new industry is needed: one focused on brain education and therapy. We can eliminate societal ills by fostering selfless minds and emotionally healthy brains.

Chapter 4: Deep Relaxation and the Wisdom Path

Wisdom is pure love, and like love, it is an emotion. Deep relaxation is pure science:

"Above all, wisdom is pure love; just as love is an emotion, so is wisdom an emotion. Just as love cannot be described in words, live life wordlessly in pure emotions."

This single sentence provides the foundation for all brain education, offering a path to emotional well-being and clarity.

Chapter 5: Redefining Education and Society

The applications of my insights extend to every corner of life:

1. Education Systems: Design curriculums that foster +2 individuals from a young age.
2. Art and Media: Songs, movies, and video games can inspire wisdom by focusing on the idea: "Why wait for old age to become wise? Get rid of your wisdom-blocking emotional baggage now."
3. Economic Solutions: Address emotional health to eliminate wasteful spending and improve financial literacy.

Conclusion: A Scientific Path to Life

Quantifying the mind and defining it through the self-image revolutionizes our understanding of life. While other experts produce lengthy works, I provide clear, actionable insights. This simplicity makes wisdom accessible and scientific, paving the way for a world grounded in love and understanding.

Search 'Wisdom 3.0 Sajid,' '4th R Foundation Press,' or 'Braintecness' to explore how these principles transform education and therapy.

Together, we can create a world where wisdom is not a luxury of age but a foundation of life.

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Quantifying the mind and defining it as it is has many applications. Please Google:
'wisdom 3.0 Sajid,' '4th R Foundation Press,' and my version of brain therapy:
'Braintecness.'

